



for  
Kids!

## KONMARI DECLUTTERING CHECKLIST

This list is for Kids to decide what sparks joy and to help guide them through the Konmari Method, following the order of Clothes, Books, and Papers before tackling the other categories, broken up for kids into Hobby Items, Toys & Games, Self-Care, School Supplies, and Bedroom.

Always leave Sentimental Items for the end! Parents may wish to store some categories (such as personal artwork) to save them for their child to decide on when grown up.

### 1. CLOTHING

- |   |  |
|---|--|
| <input type="checkbox"/> Shirts & Sweaters            | <input type="checkbox"/> Hats & Mitts          |
| <input type="checkbox"/> Pants & Shorts               | <input type="checkbox"/> Belts & Scarves       |
| <input type="checkbox"/> Dresses & Skirts             | <input type="checkbox"/> Costumes              |
| <input type="checkbox"/> Socks, Underwear, Tights     | <input type="checkbox"/> Robes & Aprons        |
| <input type="checkbox"/> Pyjamas & Loungewear         | <input type="checkbox"/> Accessories & Jewelry |
| <input type="checkbox"/> Swimwear & Activewear        | <input type="checkbox"/> Footwear              |
| <input type="checkbox"/> Coats, Jackets, & Snow Pants | <input type="checkbox"/> Bags, Purses, Luggage |

### 2. BOOKS

- |  |   |
|--|---|
| <input type="checkbox"/> School Books  | <input type="checkbox"/> Sticker Books & Colouring Books  |
| <input type="checkbox"/> Picture Books | <input type="checkbox"/> Journals                         |
| <input type="checkbox"/> Chapter Books | <input type="checkbox"/> Crafting, Art, and Drawing Books |

### 3. PAPERS

- |   |  |
|---|--|
| <input type="checkbox"/> Schoolwork*                | <input type="checkbox"/> Art & Craft Paper (sort together and save for later category) |
| <input type="checkbox"/> Report Cards*              | <input type="checkbox"/> Warranties & Instruction Manuals                              |
| <input type="checkbox"/> School Announcements       | <input type="checkbox"/> Sheet Music   |
| <input type="checkbox"/> Greeting Cards*            | <input type="checkbox"/> Other:  |
| <input type="checkbox"/> Letters & Postcards*       |  |
| <input type="checkbox"/> Stationery & Gift Wrapping |  |

\*Important: Sort any sentimental papers into a pile for later, we will declutter them at the end.



## 4. “KOMONO” (MISCELLANEOUS)

I’ve broken up the “Komono” category into smaller categories that are easier to digest for kids. There is no suggested order for these categories - just be sure to complete them in small enough chunks that they don’t seem impossible, and complete them all before moving on to Sentimental Items.

### HOBBY ITEMS

- Sports equipment
- Musical Instruments & Accessories
- Video games, systems, accessories
- Movies & CD’s
- Cameras, Tablets, and Electronics
- Art & Crafting Materials (as well, do Art & Craft Paper saved from the previous category)
- Sewing & Weaving
- Collections (Stamps, Coins, etc)
- Pet Supplies
- Other:

### TOYS & GAMES

- Board Games, Cards, & Puzzles
- Bath Toys
- Outdoor, Sandbox, & Beach Toys
- Action Figures, Dolls & Accessories
- Animals & Dinosaurs
- Vehicles, Train Tracks, Trucks, Accessories
- Costumes & Wigs
- Stuffed Animals & Puppets
- Play-Acting Sets (Cooking, Tool Benches)
- Air Hockey, Foosball, Ping Pong, Etc
- Pool Toys
- Other:

Some items are necessary even if they do not “Spark Joy”. It is important at this point to consider that they keep you healthy & prepared. With a parent's help, kids may choose to identify items that might spark more joy in a different colour or style, to put on a “wish-list” for the future.

### SELF CARE ITEMS

- Hair Products & Accessories
- Makeup and Nail Polish
- Skin Care Products
- Dental Hygiene Products
- Medicines
- Bedding & Towels
- Other:

### SCHOOL SUPPLIES

- Backpacks
- Lunch bags, Tupperware, & Accessories
- Writing & drawing materials
- Scissors, Erasers, etc
- Folders, Files, Notebooks, & Paper
- Other:

### OTHER

- Knick-knacks
- Decorations
- Furniture (bean bag, desk, bed, lamp)
- Other:

## 5. SENTIMENTAL

- Personal Artwork
- Letters & Postcards
- Mementos & Souvenirs
- Pictures, Albums, and Scrapbooks

